



Photo by from video "Dance, Katia, Dance!"

Join Katia who celebrates 39 years in Middle Eastern Dance studying, training in the U.S. and Cairo, performing in the U.S., Europe, and the Middle East and teaching in the U.S. and abroad. After nine successful Retreats, she is looking forward to sharing her Tenth and final Retreat in Southeastern Massachusetts July 25 - July 29th, 2012. *This Retreat will be one of education, inspiration and celebration.* Katia's travels in the Middle East continue to inspire her with new dances and insight into the cultures of the region. All will gain an understanding of the classic and folkloric styles of Middle Eastern Dance. **Space is limited to 25 for this specialized 5-day Retreat! THIS IS THE FINAL RETREAT! Don't Miss it!**

Wednesday Schedule

Sandwich/salad orders placed in the mornings & delivered at lunch time. Water, Coffee & tea are available at studio.

- 9:15-10:15am Registration/pick up Retreat folder CD, T-shirt, welcome from the Staff
- 10:15-10:30am Warm-up
- 10:30-11:30am **TECHNIQUE CLASS** - Review of Body placement, turns & travel steps.
- 11:30-12:30-pm **CLASSIC "ORIENTAL" DANCE TECHNIQUE**
- 12:30-1:30pm Lunch/Ma'isah presents Retreat Song
- 1:30-3:00pm **BEGIN CLASSIC DANCE**
- 3:15-4:30pm **"THE ART OF IMPROVISATION"**
Making a plan, using your vocabulary and creativity to interpret the music. A presentation by Katia & discussion.

- 5:45pm **INFORMAL DINNER** - Meet in Hotel lobby to go to Salad/Pizza Party -Lorenzo's-wear your Galabeya!
- 8:00pm Oasis Room at the Hotel:
COMEDY SHOW. *Participants are invited to share some fun with humorous take-offs on experiences, past Retreats & staff. Songs, dance, drama, etc. welcome!*
Shopping Margaret's Bazaar



Khaleegy dance - 2010

DreamersRealm Photography for Katia's Dance Retreat

Thursday's Schedule

- 9:30-10:30am Announcements, collection of video & performance forms & Warm-up
- 10:30-11:30pm **TECHNIQUE CLASS:** Art of the Veil
- 11:30-1:00pm **CLASSIC ORIENTAL DANCE**
- 1:00-2:00pm Class Photo (Retreat T-shirts) Lunch
- 2:00-3:00pm Combinations with SAGAT
- 3:00-4:30PM **GHAWAZEE TECHNIQUE/History**

Dinner on your own, REST and get ready for our Recorded music show - Eskandariyya Room-studio
7:15-8:00pm **Hafla (performances to CD)**
8:00-10:30pm **Retrospective Show of all dances taught in the past nine Retreats.** ** Each dancer who performs will have two guest tickets for family/friends.*

Friday Schedule

- 9:30-10:30am Announcements & Warm-up
- 10:30-1:30 **CLASSIC DANCE**
- 1:30-2:30pm Lunch & video
- 2:30-4:30pm **GHAWAZEE DANCE**
- Evening: TBA Oasis Room at hotel

Saturday Schedule

- 9:30-10:30am Announcements, collection of video & performance forms & Warm-up
- 10:30-1:30 **CLASSIC DANCE**
- 1:30-2:30pm Lunch & fashion show
- 2:30-4:00pm **GHAWAZEE DANCE**
Dinner on your own, REST and get ready for our **LIVE MUSIC SHOW** from 7:00-11:30 pm featuring: **The 6 piece Dance Retreat's Arabic Music Ensemble with guest singer, George Chamoun** ** Each dancer who performs will have two guest tickets for family/friends.*

Sunday Schedule

- 10:00-10:30am Announcements and warm-up
- 10:30-11:30am **Classic dance Review**
- 12:30-1:30pm Lunch and **Dancer's Flea Market**
Bring your dance items that are looking for a new home.
- 1:30-3:30pm **PERFORMANCE: CLASSIC DANCE**
- 3:30-5:00pm **FAREWELL PARTY:** Middle Eastern Snack and Karkaday* (**Egyptian hospitality drink made from Hibiscus flower wishing you good health and happy dancing!*) Retreat certificates... 'til we meet again.

We will have our staff Captain Amara to help you (returning to us from Arizona) and staff members Polina, Ma'isah and Qamar to help you with everything other than dance.



Katia after the Last Retreat!

Photo by Michael Baxter

*Katia and the location of Kalia Karr Studio are not responsible for any injuries incurred by participants during this Retreat
Sorry, no refunds or discounts for the final Retreat!*



Photo by Talilah at Katia's 2nd M.E. Dance Retreat

Studio & Hotel directions mailed upon request.

Airports: Boston & Providence. Classes are held in an air-conditioned dance studio with mirrors in Lakeville, MA. (Please wear sandals or dance shoes for class) **Our HOTEL is the Holiday Inn Express**, 43 Harding St in nearby Middleboro, MA just 5 minutes from the studio (\$99-2 Queen-size beds). Call 508-946-3398 after Jan 1st 2012 and ask for special rate under name of "Dance Retreat" available Tues, July 24th through Sunday July 29th. Rooms held at this rate until June 24th. Book early!

RETREAT FEE INCLUDES:

5 days of classes & programs

Wednesday pizza party plus student comedy

show and shopping in hotel hospitality room

Thursday night hafla & Retrospective Show

Friday night surprises TBA

Saturday night hafla with 6-piece Arabic Band

A Retreat folder containing: Class notes, a daily schedule, a CD of music used for class dances and a directory of participants to keep in touch

Katia's 2012 Retreat T-Shirt

Class Group Photo and Certificate of Attendance

(Fee does not include hotel & meals except pizza party & snacks at shows which are included)

Questions? Email katiaboston1@aol.com

Early Bird Retreat Fee (if received no later than May 31st, 2012) - \$450
3-payment plan:
\$150 due Jan 31, 2012,
\$150 due March 31, 2012,
\$150 due May 31, 2012
After May 31st-\$500 (no exceptions)

*PLEASE CHECK OUT PHOTOS AND
COMMENTS FROM PAST RETREATS ON
WWW.KATIABOSTON.COM
Hit the "TEACHING" button then "RETREAT"*

**Download a Registration Form, and send
with your check to: Katia Nordgren
P.O. Box 70281, North Dartmouth, MA 02747**

**10thRetreat Arabic Music Ensemble
July 28, 2012**

**Band: Samir al Medani, keyboard
Jamal Sinno, kanoun
Mohammed Mejour, ney
Rami Abed, Guitar
Joussef Aitelhadj, def
Tony Chamoun, tabla**
**Special Guest Lebanese Singer:
George Chamoun!**

Katia presents her Tenth and Final...

**Middle Eastern Dance Retreat
July 25-29, 2012**

Lakeville, MA (45 min South of Boston)

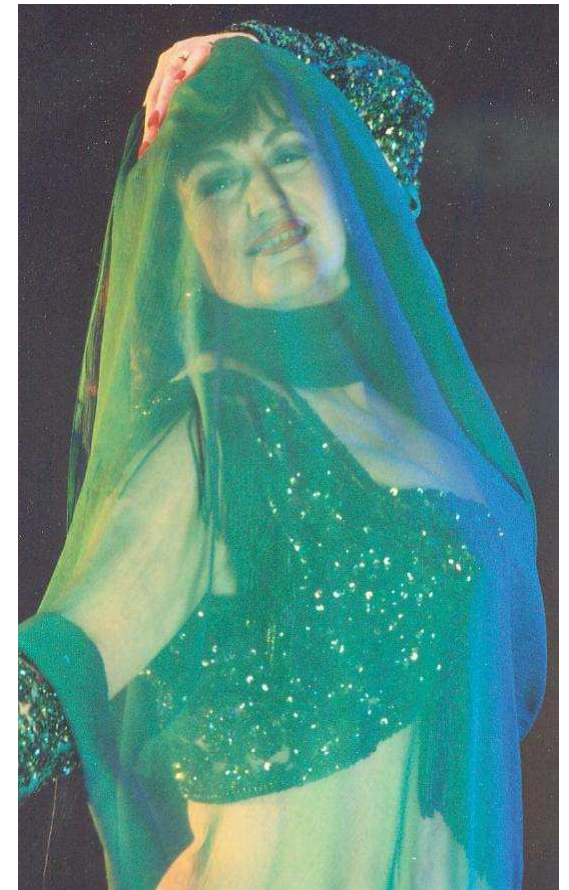


Photo of Katia by Andre Eibling, Germany

*A time to Learn, a time to Laugh
And a time to Share!*

